



Join Green TEAR Initiative, Inc. on May 11, 2021 from 2:00 to 3:30 PM (EST) in commemoration of Mental Health Awareness Month with this FREE online panel discussion regarding emotional and behavioral challenges and successes!

**Discussion will include:**

- ◆ Personal and professional stories of recovery and care challenges and successes
- ◆ Information about affect disorders, substance use, eating disorders, and other mental health issues
- ◆ Information about mental health and addiction programs, services, and resources in Connecticut
- ◆ Ways for community members and mental health and addiction care providers to help dispel stigma and provide support and advocacy

The panel presentation will conclude with an opportunity for questions and open discussion from attendees.

**Our panelists will be:**

- ◆ **Cheri Bragg**, Assistant Director of Recovery Community Affairs at CT Department of Mental Health & Addiction Services
- ◆ **Christopher Ravlin**, Chief Executive Officer at Green TEAR Initiative, Inc.
- ◆ **Jennifer Hale**, Chair of Region 5 Catchment Area Council #22 and Consumer Action Group
- ◆ **Michael Lonergan**, Human Services Advocate at Western Connecticut Mental Health Network – Torrington Area and Green TEAR Initiative, Inc. Leadership Committee Member

**Please register in advance for this Zoom meeting:**

<https://us02web.zoom.us/meeting/register/tZYpceGsqi0uGtRWIVofx5Gbm7EcCMNDXJ5I>

After registering, you will receive a confirmation email containing information about joining the meeting. Please contact Jessica with any questions: [jessicaknudson.gti@gmail.com](mailto:jessicaknudson.gti@gmail.com) or (860) 921-2304.

**We look forward to seeing you!**



**Green TEAR Initiative, Inc.**

Teach, Empower, Advocate, Recover